

From the Desk of Carolyn Kling

Win a Free Vacation!

Would you like to win a free all expense vacation for two to Miami Beach, Florida? Its at your doorstep—all you have to do is call AIM and say, "I want to sign up for the Convention Contest," pick your own prize level, set your goal, plan your business strategy, and then go to work.

In reaching your prize level, not only will you experience a beautiful time at a 5-Star resort with your fellow AIM members, but also you will be building a solid business and reaping great monetary rewards.

Associate Director Chris James was pleased to find that working toward the Convention Contest really built her AIM business. In working toward the contest the past couple of years, she became part of our Leadership Teleconferences. She began to implement the things she was learning-- follow up, home meetings, newsletters, using a genealogy report—and is reaping the ongoing rewards of a better business base.

Janet Pauly, Chairman's Club Member, remembers when she accepted a challenge from owner Dennis Itami at the first AIM Convention she attended held in Lake Tahoe in 1985. Dennis offered a new Chrysler Fifth Avenue to anyone who would get 10 first generation Directors by May of the next year.

Janet says, "I barely knew what a Director was, but I accepted the challenge. I worked very hard and, by May of 1986, I had 11 Directors. This forced me to learn the business and I am still reaping the rewards today. Those 11 Directors are the nucleus of my business, helped propel me into the Chairman's Club, and are the base of my 10 Star Bonus."

We always set our goal high and win level 5. I will tell you you only have to experience this reward from AIM once to know you won't want to settle for anything less each year. AIM seeks out the most prestigious, award-winning vacation spots in the nation as our reward. Next year we will be in the Bahamas at Atlantis on Paradise Island, the world's largest resort destination.

Here are just a few of the benefits you will receive for your efforts in working toward the Convention Contest:

- ❑ Learning from nutritional and business experts and successful Members
- ❑ Meeting with Members, seeing old acquaintances, and making new friends
- ❑ Increasing your Member base
- ❑ Vacationing at resorts that most people could never afford—all expenses paid!

- ❑ Larger compensation checks
- ❑ Building a residual income for your lifetime

So, join with me. Accept the challenge. Put your gifts and talents to work, and your business will never be the same!

Spring Cleaning

by Cathy McCrea

My son, Ben, got married in June, and I have been on a major spring cleaning binge, much to my husband's dismay. However, once I got him broken in to the idea, he seemed much more zealous about it than I was. He started going through our kitchen cupboards one day, and I felt compelled to come and join him to make sure we were saving the things I wanted to save. When we came to our medicine shelf, it was a real mess. It hadn't been thoroughly sorted for years.

We began the process of sorting and tossing, and I realized this was a journal of my health through the past several years. Early in my teaching career, I had begun having digestion problems. Here was the evidence of the wrong path I was heading down.

Metamucil – I had several bottles of this sugar laden fiber product. I didn't really take it faithfully. **Milk of magnesia** – yuck! Only for emergencies. **Pepto Bismol** – pink colored candy. Didn't really do anything, but made you feel like it was. **Propulsid** – some kind of prescription pill to help bowel muscles work, take 1 per day. **Tums** - I took many of these *every day*, often even getting up in the night to take more when my stomach was upset. Now, I realize these antacid tablets are addictive. The more you block your stomach acid, the more you need these.

As we threw away bottle after bottle, I was so thankful for the good digestive health I now enjoy. My mom had tried, unsuccessfully, for several years to get me on Herbal Fiberblend, but I was so scared of how it looks to even try it. I thought there was no way I could get that herby stuff down. However, when I finally did try it, I was surprised that I don't mind the taste at all, and the results in my improved digestion have been wonderful. I no longer have to avoid spicy foods. I can't remember the last time I had an upset or acid tummy. My bowel problems have been non-existent. No more trips to the hospital or colon specialists, who had no idea about what could be wrong or how to fix it.

Not only do I have a much cleaner cupboard, but I also experience the benefits of a greatly improved digestive system.

Turning Green Into Gold

By Carolyn Kling and Cathy McCrea

Our book was introduced at the AIM Convention in Nashville and received a warm reception. Almost daily, we are getting encouraging reviews, some of which we have included on the enclosed flyer. For those of you who were unable to attend the

Convention, we will continue our special through the month of August. We will offer the books at \$14.50 each. If you buy 5 at the regular price of \$16.95, get one free (\$14.125 each); or if you buy 10 at the regular price, get three free (\$13.04 each). We also have larger volume discounts. Give us a call if you would like those prices. This is a great way to spark new growth in your downline.

Huel Haymon Wins!

Our Goal Incentive Contest is over and our winner was drawn. Huel and Margie Haymon received an all expenses paid trip to Nampa, Idaho, for three days of training, fellowship, and sightseeing with Jim and Carolyn Kling. The Haymon's combined their prize-winning trip with attending the AIMing Higher Director's weekend in May. Huel and Margie were chosen from a pool of people who had set their goals and worked to achieve their 90-Day Goal. Congratulations to the Haymons and all the AIM Members who worked so diligently to accomplish their goals:

Elyssa Alvarez, Janelle Carroll, Dennis & Ann Galbraith, Barbara Haymon, Huel Haymon, Chris James, Gerald Jacobson, Whitey Johnson, Evelyn Lange, Thirza Maple, Monica Paraja, OD Pavlicek, Alvin Smith, Walter & Carmela Jones.

News and Notes

Congratulations to the following Members for their Promotions!

Barbara Haymon	Director
Walt Tollefson	Group Builder
Chris James	Associate Director
Dennis & Ann Galbraith	qualifying for Chairman's Club

AIMing Higher Directors Weekends

Several of our Leaders have been chosen by AIM to come to the AIMing Higher Director's weekends. AIM pays all expenses, except travel, for these three day weekends, providing training, fellowship, encouragement, and a tour of the AIM facilities. Since we are also in Nampa, we enjoy hosting many of the attendees at our Barleygreen Nutrition Center for a quick tour of our suite. Here are some reactions from some of our members:

OD Pavlicek said, "I encourage anyone who is invited to go to the Director's Aiming Higher training in Nampa, Idaho to take advantage of this great opportunity. You get to see AIM headquarters first hand. You receive training by highly qualified staff. You are served delicious food, and you are treated like royalty the entire trip."

Huel Haymon remarked, "Just like the first day of school, the weekend was a learning experience from the beginning. The Aim people were so prepared to teach us. I could

see the people's eyes come alive because of the information they were getting. I also found I needed to change some things I thought I was past knowing.

We were made feel at home, everyone was so very personable and compassionate to our needs. At the Saturday night banquet when we thought it was all over, Jim got up, and his speech was the topper of the short cake. I'd go back tomorrow if I could."

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Hello to some of our South African Members who we enjoyed meeting at Nashville. It is so nice to connect with our AIM family from all over the world:

Sally Ann Creed

Ananda Russ

Jenny Brown

Carolyn chosen for Project Green Purse filming

This privately-sponsored, women's financial seminar features successful business women from the presenting area and video clips of an interview with them are shown throughout the day-long seminar. Carolyn spent an hour last week filming her video at the State Treasurer's office in the Capital building. This video will be shown at the Seminar held in Boise in September to the 1100 women attending.