

From the Desk of Carolyn Kling

August 5th was a grand evening that started with folks pouring in early from all over the valley to get a good seat for the Ron Price 100 City Living Well Tour. We were thrilled that Nampa, Idaho, was chosen for the kick-off meeting and even more thrilled to be chosen to host this wonderful event. Along with our members and the AIM staff who were there to help us with the events of the evening, there was an atmosphere of celebration, as Members and guests filled the room to overflowing.

President Ron Price was inspiring as he spoke during the first session on the nutrition and benefits of the AIM Products. A couple of great testimonies were interspersed with the presentation, then Ron ended the Business Session with a dynamic challenge to us all. We came away from this glorious evening renewed and refreshed in our commitment to be all God wants us to be in promoting the healthy lifestyle and free enterprise concept that AIM has to offer.

This tour has been a real uplift to our business and we are still reaping the benefits in the renewed interest of many of our Members. I hope you will watch for this dynamic tour to come to a city near you. Invite all your friends, relatives, and downline Members to be a part of the celebration. You, too, can reap the benefits of this inspiring tour.

May God Bless You,

Carolyn Kling

RENEWED BALANCE

This month we want to take some time to talk to the ladies about the balance in their lives. We used to think that the only people who needed help with their hormonal balance were menopausal women. We've all heard stories about Aunt Mabel who just about went crazy, or Old Lady Jane whose internal thermometer suddenly went sky high; but lately we've noticed many symptoms of hormone imbalance in women all around us.

Young women seem to be entering puberty at younger and younger ages, and many of them suffer from debilitating cramps, dramatic mood swings, and headaches each month. Perimenopausal women (usually in late 30's to 40's) are seeing hosts of other problems and especially severe PMS.

AIM now has several products to help women naturally. AIM's Renewed Balance is a natural progesterone cream that helps to provide the balance needed for the unopposed estrogen that is prevalent in our lives today. Our bodies are being bombarded with

estrogens in our meats, in the plastics that surround us, and in our environment, to say nothing of the synthetic estrogen that hosts of women are gulping down daily.

I have had personal experience with this, having been on estrogen since my total hysterectomy 9 years ago. The reason for my hysterectomy was PMS so severe that I could not function for 1-2 weeks each month. My reasoning went out the window during these times, I cried daily and felt a feeling of hopelessness, I had severe headaches that would last for several days to a week. I know I just generally made my family miserable, not to mention the bloating, tenderness, and out of control bleeding from fibroid tumors.

I wish now that I had known about natural progesterone. I feel that it could have prevented this major surgery that still affects my life in some ways. However, I did go through with it and as soon as my surgery was done, the Doctor immediately started me on Premarin (PREgnant MAREs urINE). And thus began my battle to find balance with my hormones.

Yes, the surgery has immensely helped most of my PMS symptoms. I no longer have mood swings, and after I switched to another brand of estrogen, my headaches disappeared. And of course all the bloating, tenderness, and bleeding are gone.

But I gradually developed insomnia, battled weight gain in my abdomen and hips, and developed fibrocystic breasts. Thus, entered a host of new problems.

Two years ago, I started using AIM's Renewed Balance and have been working with a Doctor to balance my hormones. My insomnia is greatly improved. However, I am still taking a small amount of estrogen. I am anticipating replacing this with AIM's RevitaFem Cycle II especially to reduce my risk of breast cancer.

Although most Doctors will tell you that estrogen is your best protection against heart disease, osteoporosis, and other problems, many other options are available to us, options that don't have the multitude of side effects that the synthetic hormones have.

I encourage all you ladies to find a Doctor who will work with you to balance your hormones naturally. We have seen even young girls get dramatic relief from their monthly symptoms with Renewed Balance. We can find the balance we need from natural sources.

MY RENEWED BALANCE EXPERIMENT

Cheryl Towery

I have been using Renewed Balance natural progesterone for about 2 years. The very first month I used it I noticed how I didn't have any PMS symptoms: bloating, tired, achy, sick. So I kept using it with great results.

About 4-6 months ago, for some reason I thought maybe my progesterone level was balanced, so I didn't use Renewed Balance for one month. The next cycle I had was the worst I had experienced since high school. I was very nauseous, not even able to go anywhere or do much for a few days. I couldn't believe how badly I felt.

So the very next month I was back using Renewed Balance and really understand, now, the difference it makes for me.

NEWS AND NOTES

Cathy Wins with AIM

Yes, AIM really does give away the prizes they are always advertising. Cathy won a free round trip airline ticket in the Insta-Order drawing in June!

Congratulations to the following Members for their Promotions:

Dave and Polly Crawford, Chairman's Club

Diana Medley, Preferred Member

Barbara Haymon, Group Builder

Leadership Teleconference

We are continuing with our monthly Leadership Teleconference. These are held on the 2nd Thursday of the month at 10:00 a.m. Mountain Time. Give our office a call to enroll. If you are a serious business builder, join us for these informative sessions. You can become a part of our Leadership family.

Prayer Request

Continue to pray for Alvin Smith, who has liver cancer.

My Barleygreen Testimony by Cyndy Stucker

My sister and I had an auto accident in the 70's. That night I had my first seizure, and from then on they continued regularly. My seizures came at night and were very severe. I even have scars on my tongue from biting it. I would wake up very tired with a terrible headache and would have to stay home from work for a day. The doctors got me on medication, but that did not stop the seizures.

In the 80's I was prayed for and someone mentioned I should try Barleygreen. I talked to Jim Kling and started taking Barleygreen right away. I took a tablespoon a day. My seizures didn't stop immediately, but after a while, they got less and less, and finally stopped. I have not had a seizure for over 15 or 16 years. I credit the Lord and Barleygreen for this wonderful healing in my life.

TOP ACHIEVER

OD Pavlicek signed up 18 new members for the Month of September!!! Whew! What a great achievement. OD, we'll see you and Kay in Nashville for Grand OPRYtunity 2000.

MEN – You can share Renewed Balance, too.

Men, this information on Renewed Balance is not only for the ladies. We know men who share Renewed Balance with their wives, daughters, and family members. And, they will tell you, they experience the benefits of women around them being in better balance.

IN THE SPOTLIGHT

Huel Haymon –We recently featured Huel on our Leadership Teleconference, September 9th. Huel has really been working hard and working smart and we want to share what's been happening with you.

A little over a year ago, we noticed Huel in our genealogy report. He had been ordering lots of product and we gave him a call to see what he was doing. The first thing we noticed when we got hold of him was his passion for helping the people around him to better health.

During the course of this year Huel has been working with a local pharmacist; he has set up a display for him, and is continuing to train the helpers. But the most exciting thing Huel has going lately is the radio advertising he's doing on the local swap shop radio program.

Huel shared on our Teleconference what he has been doing, and also gave a little testimony of the DJ's wife. This woman, an RN, has started on the Hallelujah diet and Barleygreen and is at the point where she may soon go completely off insulin. This is an amazing testimony from someone who has had one of those automatic insulin injectors. As a result of this advertising, Huel recently hosted a meeting with over 50 people and is anticipating holding another one soon.

If you would like to hear the whole story, call or write us for an audio tape of our Leadership Teleconference. We have a discussion about Flora Food, one member shares what AIM products he takes and how he takes them, and then Huel shares for the remainder of the hour. The tape is \$2 and you can just send a check to our office.